

10 most important desirable qualities for an encouraging and encouraged person

1. Interest in others
2. Attentive listening
3. Enthusiasm
4. Patience
5. A friendly look
6. A friendly voice
7. Recognizing what is good
8. Acknowledging attempts and progress made
9. Being responsible for one's self
10. Creating appropriate physical proximity

You can teach them and practice them one by one working on a given quality for 14 days and writing down your experiences in a developmental diary.

Enjoy your learning journey Move- Learn-Live and keep in mind:
Encouragement makes good things happen

Email me to julia.fabich@mut-tut-gut.at on October 21 - 6 months after our workshop - what helped you most from our time spent together. You are great enthusiastic teachers. The children need you to grow and develop. Take care of yourself, too. Remember: You can't pour from an empty bottle.

Julia Fabich,
Your encouragement trainer & expert making good things happen, happy to stay in touch with you